

SkillBase First Aid

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**Approved
Instructor
Network**

Sample Certificate

Has achieved the required standards of competence in:

HSE Compliant Emergency First Aid

Certificate issue date: 25/06/2026

This certificate is valid for three years from the issue date.

HSE recommends all first-aiders refresh skills annually to maintain confidence and competence.

Laura Whotton

An approved instructor of the
SkillBase First Aid Instructor Network

Tracey Dangerfield

Signed on behalf of the Directors
of Be Empowered / SkillBase First Aid

This course has been delivered in accordance with currently accepted UK First Aid practices and regulations including HSE, NHS and Resuscitation Council UK. It is the responsibility of the employer to ensure the content of this certificate is suitable to meet a workplace assessment of needs or local policy or regulations including the purposes of complying with the Health and Safety (First Aid) Regulations 1981.

The full contents of this course can be viewed at
<https://www.skillbasefirstaid.com/emergency-first-aid/>



The Approved Instructor Network is an international group of independent and workplace First Aid and Mental Health Instructors, Certified by SkillBase First Aid.

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