

Become a  
*First Aid  
Instructor*



**SkillBase™**  
First Aid



# We ❤️ turning people into heroes

*On ordinary days, for ordinary people, life can change in a heartbeat...*

**In a heartbeat**, you're driving home from work, a cyclist has been knocked over and may have life-changing injuries - he's someone's Dad, and someone's partner.

**In a heartbeat**, you're sat in your regular weekly team meeting and a colleague is gasping for breath, trembling and is in an overwhelming state of panic.

**In a heartbeat**, a teacher in a classroom has a child who is having a seizure and has knocked their head on the way down. They are drooling, blood coming from their mouth, and their eyes are rolling back.

**Can you imagine how scary that would be?**

Imagine that you had absolutely no idea of what to do, never had any first aid training, or let it go out of date. That is unthinkable to us. We will all have times in our lives when we are called upon to be a hero. Our mission is simple, we create heroes on standby - trained in a way that empowers them to help someone in need, with confidence not just competence.

**We'd like to welcome you onto our mission!**



# First Aid Instructor Training

Learn how to teach first aid with confidence!

## Three Day Principles and Practice Course

If you are looking to become a first aid instructor to train independently or for your workplace, this is the ideal course for you. You don't need to have previous experience of teaching first aid, as this course will give you all the skills you need to teach a range of lively and engaging courses.

In our experience, we find that embarking on training a new subject (or a familiar subject in a new way) can sometimes be daunting. This course is all about confidence building and ensuring that you feel comfortable to train a range of courses.

## We'll take care of all the compliance stuff for you!

We will guide you through plenty of tips and pointers, and fully discuss the options available to you to keep your training compliant. Your instructor will make sure you know everything you need to about the many rules and regulations set out by the relevant authorities. You'll also have the opportunity to join our First Aid Instructor Network for ongoing support – and the best bit – it's free!



First Aid  
Instructor 3-day  
course cost:  
**£594+vat**

## How the course works

**Day 1** - We will cover the principles of teaching and understanding first aid. Including terminology, regulations and compliance. On this day, you will learn what we call the 'SkillBase Way' of teaching first aid. We believe the 'SkillBase Way' teaches confidence, not just competence, so you can be assured everyone you train will leave your course as confident first aiders.

**Day 2** - We focus on breaking down the elements of the first aid content into manageable chunks and exploring various delivery methods and training styles. We will engage in discussions and activities aimed at understanding how to effectively deliver first aid training; develop instructional skills, how to communicate clearly, demonstrate techniques effectively, engage learners, and manage group dynamics. By the end of day 2, you will gain a deeper understanding of how to structure and deliver first aid training in a way that maximizes learning and retention.

**Day 3** - You will get the opportunity to have an informal practice using a small section of the course with support, guidance and feedback. You will work as a group to understand how to create the best journey for your delegates and learn about assessment points. The course will finish on what happens next, joining the network, resources, and everything you need for creating your own heroes on standby!

[See all our available dates here!](#)

# First things first...

If you'd love to inspire others by teaching first aid – whether independently or in your workplace – this course is for you.

## Loved by...

This 3 day course is suitable for everyone wanting to become first aid trainers including:

- Self-employed people
- Existing training companies
- In-company & corporate trainers
- Community trainers

## Experience...

### No qualification? No problem!

To join, you'll need a valid **First Aid at Work (3 day) certificate** (unless you're already a nurse, doctor, or paramedic).

You don't need any teaching experience – the course will give you the skills and confidence to run engaging sessions.

We can license you to deliver a range of popular first aid courses without a teaching qualification.

If you'd like to go further and deliver HSE compliant workplace courses, we can also include the **Level 3 Award in Education & Training** as part of your package.

**Not sure if this applies to you? Just get in touch and we'll be happy to chat it through!**

## Great to know...

When you join our **National Hero Makers' Instructor Network**, you'll get ongoing resources, guidance and support – plus we take care of all the compliance, so you can focus on delivering great training.

Our Instructor course can also be delivered onsite for groups of your team

## Prerequisites (Teaching and Training)

If you'd like to deliver **HSE compliant workplace courses**, you'll need a teaching or training qualification, for example from this list:

- **Level 3 Award in Education & Training (we can add this to your instructor course)**
  - Cert Ed, PGCE, B Ed, M Ed, CTLLS/DTLLS
  - Further and Adult Ed Teacher's Certificate
  - IHCD Instructional Methods / Instructor Certificate
  - Nursing mentorship qualifications
  - PTLLS inc. Principles & Practice of Assessment
  - S/NVQ level 3/4 in training & development
  - TQFE A22, B22, C21, C23, C24
  - Level 3/4 Award in Education & Training
  - Level 5 Diploma in Education & Training

**QUALIFICATION NUMBER: 601/1846/5**  
**QUALIFICATION LEVEL: Level 3**  
**TOTAL CREDITS: 12**  
**DELIVERY FORMAT: 2 days face-to-face**  
**COST: £299 + VAT**

# Level 3 Award in Education & Training

OFQUAL regulated, nationally recognised qualification.

Delivered over **two engaging face-to-face days** at our fantastic training centre in Desford (Leicestershire), the course provides the essential knowledge and confidence to begin delivering high-quality training.

As part of the qualification, you'll **complete short written assignments with full support and guidance**. You'll also take part in a short micro-teach assessment, with a dedicated tutorial session before and after to help you prepare and reflect.

*If attending in person is tricky, get in touch – we're happy to explore flexible remote options that could work for you.*

## We'll cover...

- Understanding roles, responsibilities and relationships in education and training (3 credits)
- Using inclusive teaching and learning approaches in education and training (6 credits)
- Understanding the principles and practices of assessment (3 credits)

## Good to know...

- This qualification has replaced the PTTLS qualification since August 2014.
- You'll get access to a digital bookshelf with professionally written materials to support your learning.
- A friendly, experienced assessor will guide you throughout the qualification. You'll complete short written assignments and a micro-teach assessment with full support.
- This is a self-paced course so you can work it around any commitments you may have. Some delegates complete in as quickly as a few weeks, whereas others spread the work over the maximum 12 month allowed period.

## Loved by...

This course is for those attending our First Aid Instructor: Principles & Practice (Train the Trainer) course.

It works brilliantly as part of your journey to becoming a confident and capable trainer. We deliver the course in a clear, supportive way – giving you time and space to absorb everything without feeling overwhelmed.



# A warm welcome to the start of something special!

## There are many benefits of choosing to join the SkillBase First Aid

**Instructor Network.** Our aim is to keep things simple and reduce trainer administration time. This means that you will have the maximum amount of practice time, where you are able to focus on delivering fun, interactive and lively first aid courses helping your delegates become 'heroes on standby' confident in saving lives, all the time knowing that the courses you are delivering are compliant. When you join the SkillBase First Aid Network we'll make sure you are ready to get on with training straight away.

## What is HSE compliance?

In 2015 the HSE withdrew their responsibilities of approving first aid training organisations. They gave employers several routes to make sure that first aid training they use is suitable. Many training organisations signed up with one of the several new awarding bodies that came into the marketplace, not realising that it is possible to achieve HSE compliance on courses without the additional paperwork and administration that this may involve. Many AO's require you to obtain a unique learner reference number for each delegate (often chargeable), check their ID on courses, pre-register courses, tests to be taken under exam conditions, organising an external marker to mark the exams, results of exams have to be filed online, not to mention the costly centre and trainer approval fees that often apply.

## With you every step of the way

Our team are dedicated to providing you with ongoing support and continuous guidance to ensure that you remain confident in training first aid. We will provide you with professional training materials and quality assurance services to enable you to teach a range of courses.

**"I finished the instructors course yesterday. I was very impressed with whole course. The concepts they use for teaching first aid are original and engaging. Brilliant course, looking forward to being part of the network and teaching my first course as SkillBase."**

**– Gee Allsopp**





# Join a winning team

## and get the support you really need!

### As a skillbase first aid network trainer, you'll get:

- A licence to provide a range of HSE Compliant First Aid Courses, with all the various rules and regulations taken care of.
- Exclusive access to professionally designed and printed delegate packs, with everything you need for a course, including 'The Good First Aid Guide', and accompanying workbooks. No hassle of buying books separately, and printing forms & handouts at home.
- Professionally designed & photographed accompanying course presentations.
- Detailed lesson plans and trainer toolkits, allowing you to start training straight away.
- Free annual observation in order to help you remain confident in the training that you provide.
- The opportunity to attend our annual Trainer Network Conference the 'Hero Makers' Hangout'!
- 15% discount on all packs, trainer resources, and first aid supplies. No minimum order is required.
- Ongoing support and guidance from our experienced team.

### How can it be free?

We prefer to make long-term relationships rather than short-term gain - we believe it is better that way. Rather than a large set-up fee and lots of admin, we would prefer you to get up-and-running straight away, that will mean you'll complete more training, and purchase more packs from us.

Once you have registered with the trainer network, you can buy your delegate resource packs on a pay as you go basis, and because there is no minimum order, you only need to purchase as many as you need.



# Joining our first aid instructor network

## It's as easy as 1-2-3!

1

Register with our Instructor Network at the end of your SkillBase First Aid Instructor Training.

2

We'll give you access to our portal - the 'Hub' where you will be able to order your delegate packs. Once we have completed your order, the presentation and Directive (lesson plan) will be in your downloads. If you don't have training resources such as manikins, you can order them there too.

3

At the end of each course your delegates will complete an online form for their digital certification. This gets processed by our Awards & Compliance team and you get notified, along with your feedback. If you ever need a full list of delegates you have trained, no problem! We keep track of it all for you.

### Trainer network delegate packs

Our professionally designed and printed delegate packs set the right impression for your course delegates - not only do they look more professional, they cut down on countless hours of home printing and collating.

- All prices are correct at the time of printing, and exclude VAT.
- There is no minimum order quantity, meaning you can order on a pay-as-you-go basis.
- Don't forget - the right to use the accompanying presentation and course lesson plans are included in the pack price - no additional hidden charges and administration!

*See what's included in each pack on page 8!*



# Delegate packs - what's included?

	Welcome Form	Feedback Form	Life card	Good First Aid Guide	Emergency First Aid Guide	FAW workbook	Paediatric workbook	Quiz sheet	Delegate discount card	Price per pack (ex vat)
<b>Emergency First Aid at Work (EFA)</b>	✓	✓	✓		✓			✓	✓	£6.78
<b>Emergency First Aid at Schools (EFAS)</b>	✓	✓	✓		✓			✓	✓	£6.78
<b>Emergency Paediatric First Aid (EPAE)</b>	✓	✓	✓		✓			✓	✓	£6.78
<b>Emergency First Aid for Pharmacists (EFAP)</b>	✓	✓	✓		✓			✓	✓	£6.78
<b>Emergency First Aid for Professional Drivers (EFAD)</b>	✓	✓	✓		✓				✓	£6.78
<b>First Aid at Work (FAW)</b>	✓	✓	✓	✓		✓			✓	£20.27
<b>First Aid at Work Requalification (FAR)</b>	✓	✓	✓	✓		✓			✓	£19.08
<b>Paediatric First Aid (PAE)</b>	✓	✓	✓	✓			✓		✓	£14.73
<b>First Aid Annual Refresher (FAU)</b>		✓	✓						✓	£0.94
<b>Basic Life Support (BLS)</b>	✓	✓	✓						✓	£5.79
<b>Action for Anaphylaxis (ANA)</b>	✓	✓	✓						✓	£5.79
<b>Foundation First Aid (FFA)</b>	✓	✓	✓						✓	£5.79

All prices correct at time of printing and exclude VAT.



# Professional trainer's starter kit

## Kitting you out!

Our Professional Trainer's Starter Kit is the perfect introduction kit for newcomers to first aid. It contains a comprehensive selection of essential items to get you started.



### Each Starter Kit includes...

- 3 x** Drums of Manikin Wipes
- 1 x** Drum of Moist Cleansing Wipes
- 1 x** Rescue Breath Shield in Key Fob
- 1 x** Pocket Mask
- 2 x** Face Shields with Filter Valve
- 1 x** Instant Ice Pack
- 2 x** Eye Pad with Loop Sterile
- 1 x** British Standard Small First Aid Kit
- 1 x** Eyewash 500ml Sterile
- 1 x** Accident Book
- 13 x** Reusable training dressing kit, in vinyl pouches with spare dressings

### Plus...

- 3 x** Prestan Adult Manikin
- 1 x** Prestan Child Manikin
- 1 x** Prestan Infant Manikin
- 1 x** Prestan AED Ultra Trainer

Realistic to the eye and the touch, Prestans are unlike any other on the market. Uniquely designed like a clamshell that accommodates an easy-to-insert face shield lung bag. A revolutionary new Chest Compression monitor allows for instant feedback to both instructor and delegate. In addition, the unique construction of Prestan's incorporates a mechanism to help them use the correct force to compress the chest to the correct depth. All Prestan products come with a three year warranty.

**£1099.90 +vat**

**Save over £300 compared to purchasing items separately!**

# Don't just take our word for it!

I attended the Instructor training at SkillBase. I thought the training was second to none. The instructors were very knowledgeable and experienced in First Aid. They made you feel at ease, and comfortable to ask questions. The practical aspects of the course were fun, which made the content easy to remember. I would highly recommend this training to others who wish to become a member of a great training network.

- Rebecca Fuller, Learning & Development Advisor, Leicestershire County Council

I have been working with SkillBase for just over a year and it has been an absolute pleasure. They are professional and take pride in looking after their growing network of instructors. As an instructor myself I chose SkillBase as they offer an excellent balance of energy and real life examples, which gave credibility to their courses. Keep up the great work guys!

- Jonathon Carrier, Learning & Development Officer, Horizon Care & Education Group

The great thing about working with SkillBase is just that it's a team with plenty of support. The course content is simple and fun, easy for all to understand with the ethos that learning should be fun.

- Howard Hainsworth-Adams, AGE Nursing Homes LTD

Interactive, fun, approachable. It's been a great course. So happy to have taken it.

- Daniel Barker, First Aid Instructor

From the moment of merely enquiring about the first aid instructor course, I knew that Skillbase First Aid was the company I wanted to use to achieve my career aim. They were always so helpful, honest and patient in their discussions with me - I therefore couldn't wait to book my place! I now have my own first aid business and the support that SkillBase provide is absolutely first-rate. Someone is always available at the end of the phone during business hours, and everyone is just so warm and welcoming, it never feels like I work alone!

Thank you SkillBase - you gave me the courage, confidence and skills to achieve my dream, and I will be forever thankful!

- Angela Ashby, Ashby First Aid  
First Aid Instructor and Business Owner



# Get in Touch!

*We love to chat!*

Give us a call on **0330 335 1234**

Chat to us online [skillbasefirstaid.com](http://skillbasefirstaid.com)

Email us [info@skillbasefirstaid.com](mailto:info@skillbasefirstaid.com)

Ready to book? [Click here!](#)



**SkillBase**™  
**First Aid**  
Confidence, not just competence

**Book your free  
30-minute  
consultation here  
to discuss your  
journey to  
becoming a First  
Aid Instructor!**



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