

COVID-19 Inhouse Risk Assessment



The policy position of the Health and Safety Executive (HSE) is that First Aid Training required to comply with Health And Safety or other legislation can continue to take place under relevant coronavirus restrictions [read more here](#)

Scope Of Assessment


As a business we have a legal responsibility to protect our trainers & delegates from risk to their health & safety. We have put together a Covid-19 Inhouse Risk Assessment which outlines what measures are in place to minimise the risks related to Covid-19 when we deliver a course at a customer's venue. This risk assessment has been produced using government guidance at the current time of writing and the changes to our training has been guided by the Resuscitation Council UK Statement. This risk assessment will be reviewed and updated on an ongoing basis in line with any changes/updates in government legislation and any other ongoing updates/changes which require consideration.

Covid-19 Symptoms

The main symptoms of Covid-19 are:

- High Temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- New, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- Loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

This information has been provided by the NHS and can be found on <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>

Reviewed Date	Creator Name & Signature	Approver Name & Signature
This is a Live Document	Connor Kenney - Finance & HR Manager 	Tracev Dangerfield - Chief Executive Officer 
What are the hazard (s)?	Who Might Be Harmed?	
Delegates or trainers can emit water droplets that travel approx. 1m when talking and particularly if they cough or sneeze. This can spread the covid-19	Delegates Trainer Other person(s) within customer premises	<ul style="list-style-type: none">• As part of our booking process, we ask customers to confirm that they will provide a suitable room in addition to discussing your internal Covid-19 risk assessment. We also offer the customer advice on how to decide if a room is big enough.

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<p>If a delegate who is infectious with Covid-19 or displays symptoms which may be passed to other delegates</p>	<p>Delegates Trainer Other person(s) within customer premises</p>	<ul style="list-style-type: none"> ● As part of our booking terms and conditions it is stated that if a delegate is experiencing any Covid-19 symptoms or has a confirmed case of Covid-19 or has recently been instructed via the NHS track and trace to self-isolate, then they must continue to self-isolate and not attend the course. ● We will send the customer a reminder email before the course starts which will include instruction for the delegates to not attend if the above applies.
<p>Delegates or trainers may contract the virus by touching contaminated surfaces then touching their mouth, nose or eyes</p>	<p>Delegates Trainer Other person(s) within customer premises</p>	<ul style="list-style-type: none"> ● We will check with customers of any handwashing facilities and / or sanitising stations onsite for trainers and delegates to help prevent the spread of the virus. This will be done as part of our booking process.
<p>CPR Manikin Hygiene: If manikin hygiene is not strictly adhered to, there is a risk of passing the virus from shared use.</p>	<p>Delegates Trainer Other person(s) within customer premises</p>	<ul style="list-style-type: none"> ● Shared manikins will be kept to the same small group of delegates. Delegates will be instructed to clean the manikin after their use. They will also be instructed to sanitise their hands prior to using the manikins and any other course resources ● A 'double fail-safe' level of protection will be in place to prevent the possibility of cross contamination from rescue breaths. Combinations include: a) 1:1 manikin ratio b) Shared manikins - each delegate will be issued with 1 Adult, 1 Child, 1 Baby lung to be able to perform rescue breaths on assessment points only, and 70% alcohol wipes to be used after each delegate use. This means delegates can safely practice rescue breaths because we will change the lungs of the manikins after each person has demonstrated rescue breaths. ● All lungs will be disposed of in outside bins once course is completed.
<p>There is a risk of infection from shared resources</p>	<p>Delegates Trainer Other person(s) within customer premises</p>	<ul style="list-style-type: none"> ● We have additional props for delegates to use so they do not need to work with other delegates during practical activities. ● We have made changes to the course content to include additional video demonstrations to ensure delegates still leave their course feeling confident as well as competent.

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Fire safety	Delegates Trainer Other person(s) within customer premises	<ul style="list-style-type: none">• As part of our booking process, customers will be asked to ensure fire safety measures with Covid-19 consideration are communicated to trainers.
NHS Track & Trace	Delegates Trainer Other person(s) within customer premises	<ul style="list-style-type: none">• The trainers will adhere to customer track and trace guidance
Accident/Emergency Situation	Delegates Trainer Other person(s) within customer premises	<ul style="list-style-type: none">• As part of our booking process, we will remind customers about the need for their risk assessment and the additional considerations related to the Covid-19 pandemic. We ask customers to confirm that they will take into consideration accidents and emergencies during social distancing restrictions. Customers will be required to communicate their measures to our trainers upon their arrival or before.
Travel	Delegates Trainer Other person(s) within building	<ul style="list-style-type: none">• Delegates are advised to follow all travel guidance provided by the government with relation to the use of all forms of transport and travelling in groups.